



# SQUADRA®

**SIZING:** All of our gear has been sized to American standards. Please keep in mind that our clothing is cut for the race enthusiast. The sizing chart below will give you some guidelines. For absolute sizing please ask about our sizing samples.

All measurements in inches

Men's MEASUREMENT	X-SMALL	SMALL	MEDIUM	LARGE	X-LARGE	XX-LARGE
CHEST	31-33	34-36	37-39	40-42	44-46	47-49
WAIST	22-24	26-28	30-32	34-36	36-38	39-41
HIPS	32-34	35-37	39-41	42-44	45-47	48-50
INSEAM	8.25	8.5	8.75	9.0	9.25	9.5

Womens MEASUREMENT	SMALL	MEDIUM	LARGE
BUST	31-33	34-36	37-39
WAIST	22-24	26-28	30-32
HIGH HIP	33	35	37
FULL HIP	36.5	38.5	40.5
INSEAM	6.5	6.75	7.0

Accessories MEASUREMENT	Arm/Knee Warmers			
	SMALL	MEDIUM	LARGE	X-LARGE
BICEP	9"	10"	11"	12"
ARM LENGTH	17"	17.5"	18"	19"
QUAD	15"	15.5"	16"	16.5"
LENGTH	13.5"	13.75"	13.75	14"